



VCU

Safety and Risk Management

Appendix E – Template Fall Protection Rescue Plan

A rescue plan must be developed whenever fall arrest systems are in use and when personnel may not be able to self-rescue should a fall occur. What is the emergency contact information of professional rescue services available, such as the local Fire Department, and what are the instructions for summoning immediate assistance?

Worker using FPE and may fall: _____

Attendant: _____

Date: _____

Building/Location: _____

Is rescue equipment immediately available for this location?

(E.g., Ladders, aerial devices, elevating work platforms, tripods, additional harnesses, controlled descent devices, winches, pulleys, etc.)

List Rescue Equipment Available: _____

Who to contact for equipment use? _____

Their phone number: _____

What obstructions are in the way reaching the suspended worker?

How will rescue be assured within 15 minutes of the occurrence of a fall to minimize the risk of further injury or death due to suspension trauma?

Who to Call: _____

Their Phone Number: _____

How will the safety of the rescuers be assured as well as that of the suspended worker?

What communication systems will be used between the suspended worker and rescue team?
